



To register, or for more information, call 757-886-6511 or email delores_price@bshsi.org

Active Parenting 1-2-3-4 Parent!

Parenting Children Ages 1 to 4

Bon Secours Family Focus is pleased to sponsor an exciting research-based video and discussion workshop call **Active Parenting 1-2-3-4 Parent!** This four-week, video-based program is perfect for new parents and parents with children ages 1 to 4.

Parents will learn the four stages of child development and how to enhance their children's learning at each stage. They will learn about parenting styles and discover how to begin building a lifelong bond with their child. Parents will learn nonviolent discipline skills that really work, and how they can set rules that young children can understand and follow. Parents will discover how the power of encouragement helps children learn positive behavior at an early age. They will also learn the importance of taking care of themselves as well as their child.

Wednesdays, April 15 and 22, and May 6 and 13, 2015, from 10 a.m. to noon

St. George's Episcopal Church

15446 Warwick Blvd., Newport News, VA 23608

FREE! Free child care available.

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